Clermont State School

2nd September Term 3
Week 8
Hello Parents and Caregivers,

**MR POULUS ON LEAVE**

Mr Poulus is currently on leave until the end of term and I will be in the Acting Principal position during that time.

**PARENT/TEACHER INTERVIEWS**

Parent/Teacher interviews will be held during the last week of this term. Teachers will be sending home interview preference forms this week. It is strongly encouraged for all parents to meet with their child’s teacher as this is a great opportunity to be informed of your child’s progress and to ask any question you may have.

**PREP TRANSITION DAYS**

The next Prep Transition Day will be held this Wednesday, the 3rd of September. All students thoroughly enjoyed the day last week and it was great to hear so much positive feedback from parents. These Transition Days will continue in Term 4.

**PAUL BOWMAN RUGBY LEAGUE CARNIVAL**

Last Friday, 29th of August, Mr Forrest travelled to Capella with 17 students for the Paul Bowman Rugby League Carnival. We had two teams participating and both won their final games. Students enjoyed the day and represented our school with pride. They were lucky enough to meet former NRL player Steven Bell.

**SHOW OF APPRECIATION**

On parade on Monday the P and C presented gifts to Mrs Sellwood and Mrs Archibald for their enormous efforts and hard work in organising the Clermont State School Quiz Night which was a huge success.

**ACTIVE AFTER SCHOOL PROGRAM**

Parents please remember that this is the last week this term for the Active After School Program. The program will be running again next term, watch out for more information on the next terms activities.
ATTENDANCE

There were some great attendance records for last week from the following classes.

<table>
<thead>
<tr>
<th>Class</th>
<th>Attendance</th>
</tr>
</thead>
<tbody>
<tr>
<td>45T</td>
<td>96%</td>
</tr>
<tr>
<td>5W</td>
<td>94.8%</td>
</tr>
<tr>
<td>6E</td>
<td>92.5%</td>
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Reminder about Swimming next term.

This year we are planning to implement a new learn to swim program at Clermont SS. With the purpose being to teach students how to swim and ultimately save lives, we will be rolling out a new program that will see a more intensive approach employed for swimming instruction. To maximise the use of our pool time and as I mentioned earlier, ultimately endeavour to save lives, we will be taking students on a more intensive two week program cycle. This will differ from the traditional timetable, where every class would attend one session per week for the term. A timetable and permission note will be distributed later this term.

We hope to see greater improvement in swimming ability as a result of the new program.

Have a good week.

Regards

Diana Goodwin

(Acting Principal)
Hello everyone,

BOOK WEEK This Week!

Book Week is here and it is time to announce the competitions we will be running throughout the week! Students will be given time to work on some competition entries during class, during buddy reading times and through homework tasks, however, we also encourage students to have a go at completing some of these challenges in their own time, at home. All entries are due on Friday this week. Please ensure students have their name and grade on their entries. Good luck kids!

- Write a rhyme / poem.
- Create a book review (this could be a written book review, or you can get creative and draw or make your book review!)
- Draw / paint / collage your favourite scene out of a book.
- Create a book jacket for your favourite book.
- Create a book mark.
- Create a mask to represent your favourite book character.
- Write your own story (students may enter a story they have written during class throughout the year).
- Guess how many books are in the non-fiction section of our library.

There are many fantastic book prizes to be won! Overall winners will be announced on parade during the second last week of school.

Other activities throughout the week include lunch time sessions such as Possum Magic cooking, making book marks and masks and making spiderlings from Charlotte’s Web. There will be a read-a-thon, organised by the P&C, where students raise money for our school and have the opportunity to earn prizes. Students in years P-2 will be involved in the ‘Storyteller’s Clubhouse’ show and our upper school leaders will have the opportunity to visit the C&K to share some stories and read books to the younger children. It will be a very busy week and I am looking forward to sharing some of my favourite books with the students during their library lessons this week - I will even give a sticker to any student who can correctly guess what my favourite junior fiction book is!

Danielle Freiberg

Head of Curriculum
Hello parents and caregivers,

This article focuses on the seven traits of mental toughness.

In different contexts, one character trait has emerged as a predictor for success. It isn’t social intelligence, good looks, IQ, or physical health. It is “grit,” which the dictionary defines as “mental toughness”. It could be defined as resilience or the ability to “bounce back” after setbacks.

Mental toughness is the “perseverance and passion to achieve long-term goals; having stamina; sticking with your future day in and day out and working hard to make that future a reality; a marathon not a sprint.”

Studies have shown that there is a correlation between mental toughness and self-control. It takes mental toughness and self-discipline to raise kids – they have constant needs. It is difficult to deal with tantrums/ ensure homework is done/ provide healthy food choices (when even you would prefer chocolate bar over an apple)/ monitor TV, computer time/ up and out in the morning (when you would prefer to be sleeping)…… and on it goes.

Seven traits of mentally tough people
1. Look for positives & learn from mistakes
2. Face fears (hiding from fear provides them their power)
4. Celebrate successes of others
5. Realise that the only person they can control is themself & do not blame others for their mistakes
6. Limit exposure to outside stimuli (e.g. Facebook, Angry Birds, Krispy Kreme donuts, caffeine)
7. Accept and embrace change

Mentally tough people embrace change, but they understand that change must first happen in them before it happens through them. Mahatma Gandhi said it so well. “You must be the change you wish to see in the world.”

Adapted from Generationnext.com.au

Rick Masters
Guidance Officer.
The Administering of Medication to students:

Clermont State School is committed to supporting students’ health and wellbeing. We appreciate parents/carers providing the school with any relevant health information that is required to support the student(s) at school. This information is collected at enrolment but also needs to be updated regularly, or if a new health condition develops.

If your student requires short term medication, parents/carers are required to provide written instructions via a letter.

For students with chronic (long term) medical conditions who require routine or emergency medications, a ‘Request To Administer Medication At School’ form needs to be completed by the parent and their child's medical practitioner. Additionally, any health need that may impact on school activities such as sports, outings (including camps) should also be discussed with the school.

Information should be provided in writing and any specific health plans (only to be completed and signed by the medical practitioner) should be included. Please contact the school to discuss any specific requirements.

Please inform the school office staff of any changes to contact details or the contact details of the people nominated as emergency contacts.

Thank you for your assistance in this regard. All information is kept confidential and only disclosed to the relevant staff required to supporting your child.

Parents of students who have ‘Asthma Spacers’ at the office, we will be sending these home with the students to be washed at the end of Term. Due to EQ Policy we will do this at the end of each term.

For any enquiries, please contact the school office on 49 834 222.

This year we have been attempting to contact parents/carers, by phone, if their child is receiving a ‘Student Of The Week’ award (or any similar award) so that they are able to attend parade, if they so desire. We will now be trialling sending out notifications to parents via our Skoolbags App, each Friday afternoon. Keep a lookout... your child might be next!! Remember all parents are welcome at parade. See you 9am Mondays in the hall.
Father’s Day Stall

P & C will be holding it’s fathers days stall only on two afternoons next week due to a lack of helpers.

Wednesday 3rd @ 3:15
Friday 5th @3:15

Read-a-thon

All profits go to our goal of 2 new Interactive White Boards, (IWB) $10,000.00 and we are currently half-way. This is a great opportunity to encourage our children to read while raising resources to benefit learning.
Hello everyone,

If you can help fill the vacant spots in the tuckshop please give Nell Otto a call: 0428831750.

Tuckshop Roster

<table>
<thead>
<tr>
<th>Mon</th>
<th>1 Sept</th>
<th>Krissy M</th>
<th>Elise Lawrence</th>
<th>Kristy Espig</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri</td>
<td>5 Sept</td>
<td>Nell Otto</td>
<td>Annette Hawkins</td>
<td><em><strong>Need Volunteer</strong></em></td>
</tr>
<tr>
<td>Mon</td>
<td>8 Sept</td>
<td>Brigit Makeham</td>
<td><em><strong>Need Volunteer</strong></em></td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Fri</td>
<td>12 Sept</td>
<td>Cindy Ladmore</td>
<td>Jody Swaffer</td>
<td>Ruth Brown</td>
</tr>
<tr>
<td>Mon</td>
<td>15 Sept</td>
<td>Jeanie Lockyer</td>
<td>Meg Brills</td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Fri</td>
<td>19 Sept</td>
<td>Jeanie Lockyer</td>
<td>Claire Mifsud</td>
<td>Leah Archibald</td>
</tr>
</tbody>
</table>

The Tuck Shop requires helpers for Monday the 8th of September. If there is not sufficient help for this day the Tuck Shop will be CLOSED for the day.
When can my child attend kindergarten?

<table>
<thead>
<tr>
<th>Child Born</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 July 2010 to 30 June 2011</td>
<td>ü</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 July 2011 to 30 June 2012</td>
<td></td>
<td>ü</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 July 2012 to 30 June 2013</td>
<td></td>
<td></td>
<td>ü</td>
<td></td>
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<tr>
<td>1 July 2013 to 30 June 2014</td>
<td></td>
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<td>ü</td>
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Bilby Day wear Green

Friday, 12 September

Please bring a Gold Coin Donation so our school can sponsor a BILBY.

Merchandise will be on sale from 50cents, all week at lunch time in the Under Covered Area.

Stickers, Tattoos, Key Rings, Dangly Legged Bilby
SCHOOL BANKING

'Did you know that for every $100 deposited through school banking, our school receives $5! We also receive $5 for each new student who signs up for banking through our school.

Students get rewarded too! For every 10 deposits you make, you get to choose a great reward through the school banking rewards program.

So sign up and get depositing so you and our school can be rewarded!!!

Kelly Wilkins
Banking Coordinator

EISTEDDFOD
THURSDAY 11TH SEPTEMBER

EVENT DETAILS: EISTEDDFOD

JUNIOR CHOIR – 9-11:30am, Denison State School Hall

SENIOR CHOIR – 9-11:30am, Denison State School Hall

VERSE SPEAKING – 10-1:00pm, Emerald North State School Hall

SENIOR CONCERT BAND – 3-4:30pm, Emerald Town Hall Auditorium

WHAT TO BRING: lunch, water bottle, instrument, music folder, hat

WHAT TO WEAR: music polo with school shorts for senior band and senior choir and sports polo with school shorts for junior choir and verse speaking.
<table>
<thead>
<tr>
<th>CLASS</th>
<th>STUDENT</th>
<th>Week ending 22nd August - AWARDED FOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>P/B</td>
<td>Storm F.</td>
<td>For always completing his work in class. Well done!</td>
</tr>
<tr>
<td>PR</td>
<td>Zane M.</td>
<td>For going above and beyond in his reading this week. Well done.</td>
</tr>
<tr>
<td>1P</td>
<td>Chloe G.</td>
<td>For an amazing improvement in you reading. Fantastic effort!</td>
</tr>
<tr>
<td>2F</td>
<td>Madison B.</td>
<td>For an improved effort in her attitude and staying focused on all set tasks. Well done!</td>
</tr>
<tr>
<td>2/3V</td>
<td>Kaitlyn T.</td>
<td>For placing an outstanding level of effort into all writing tasks.</td>
</tr>
<tr>
<td>3R</td>
<td>Heidi K.</td>
<td>For using great describing words in her writing.</td>
</tr>
<tr>
<td>3/4B</td>
<td>Daniel S.</td>
<td>Always trying extra hard by putting in a big effort.</td>
</tr>
<tr>
<td>4/5T</td>
<td>Maddi B.</td>
<td>For an outstanding effort on your Maths test!</td>
</tr>
<tr>
<td></td>
<td>Ally S</td>
<td>For beautiful handwriting and bookwork.</td>
</tr>
<tr>
<td>5W</td>
<td>TJ O.</td>
<td>For writing a fantastic comparison using amazing vocabulary and for smashing you read goal.</td>
</tr>
<tr>
<td>6E</td>
<td>Hayden B.</td>
<td>For you hard work in Maths.</td>
</tr>
<tr>
<td>6/7B</td>
<td>Theo C.</td>
<td>For creative writing</td>
</tr>
<tr>
<td>LOTE</td>
<td>Aleisa G</td>
<td>For great Japanese bookwork.</td>
</tr>
</tbody>
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UNIFORM NEWS Clermont High School

The current prices for the junior school uniform at Clermont State High School are as follows:

- Polo shirt: $40
- Shorts: $25
- Spray Jacket/Polar Fleece Jumper: $50
- Track Pants: $35

($80 if both the spray jacket and track pants are purchased together)

The stock of uniforms should be available early in Term 4.

FUN FRIDAY ACTIVITY Week 8

This week, one of the choices for fun Friday will be sushi making by our LOTE teacher Mrs Waerea. Parents we would like you to make your child aware of any allergies they might have so they do not chose Sushi making.

We will be using the following ingredients: Cucumber, carrot, creamcheese, sushi paper (seaweed paper), rice, vinegar.
Voluntary Contributions

Parents, a reminder that voluntary contributions need to be paid for terms 1, 2 and 3 for your child/children to attend the next Art Council performance due in week 6. We do have a number of parents who are making payment by the term and term three is now due. If you need to find out if you owe for term 3 please phone the office girls and they will let you know.

The C&K kindergarten staff and parents have noticed an increase in the number of people parking in the C&K carpark who are not parents or carers of C&K students. Please remember, the carpark is for the parents of C&K students only. Any increase in traffic volume constitutes a safety risk to kindy parents and their children.

If you are a Clermont SS parent, please respect this space and drop-off and pick-up at the designated areas of the school, this also applies during the school day.

Adam Poulus
Principal
SCHOOL BANKING Day is WEDNESDAY please make sure you have your deposit slips filled out. It makes it so much easier and quicker for the banking person.

UNIFORM SHOP: the uniform shop is now open on Mondays. The best way to order uniforms is to complete your order online using Flexischool. Sizes to suit older students, a new shipment now in stock.

Playgroup

If you have a baby or toddler and would like to get out and meet other mums and bubs come along to playgroup on Wednesday mornings at 9:30 in the school hall. Please bring a ‘nut free’ snack/plate to share.

Call Sheridan for more information 49836039.

REMINDER: ACTIVE AFTER SCHOOL ends 3rd September
Active After School activities are run on Mondays and Wednesdays. Monday—Gym Wednesday —Golf
Please make sure that you are here on time (4:15pm) to collect you child/children.
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>What</th>
<th>Time</th>
<th>Where</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 8</td>
<td>Wednesday 3rd September</td>
<td>Golf</td>
<td>3:05</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Active After School</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 8</td>
<td>1st to 8th September</td>
<td>Book Week ‘Connect to Reading’</td>
<td>All Week</td>
<td>C.S.S.</td>
</tr>
<tr>
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<tr>
<td>Week 9</td>
<td>THURSDAY 11th September</td>
<td>Eisteddfod</td>
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<tr>
<td>Week 9</td>
<td>Friday 12th September</td>
<td>Bilby Day Come Dressed in GREEN Gold Coin Donation</td>
<td>All day</td>
<td>CSS</td>
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<tr>
<td>Week 10</td>
<td>Wednesday 17th September</td>
<td>CUP CAKE DAY</td>
<td>11am 1st Lunch</td>
<td>Tuckshop</td>
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</tbody>
</table>

This is the last week this term for Active After School.
2014 School Calendar

There are 186 school days in 2014. Semester 1 2014 commences for teachers on January 23 and for students on January 28.

STAFF PROFESSIONAL DEVELOPMENT DAYS

Staff professional development days (student free days) for teachers are January 23 and 24, and October 20. Schools are able to decide when their three flexible staff professional development days will be held, as long as they are in the school holidays or out-of-school hours.

PUBLIC HOLIDAYS

Public holidays are set by the Industrial Relations Minister.

For more information and the latest version of this calendar, visit www.education.qld.gov.au

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