Clermont State School

19th August Term 3

Week 6
Hello Parents and Caregivers,

**NAPLAN 2014 – preliminary results are in!**
Queensland Curriculum and Assessment Authority has delivered on its promise to get NAPLAN data to schools quicker, preliminary results being released yesterday morning. The early release will allow schools to interrogate data, develop and enact action plans to address areas of concern. It will also allow us to celebrate achievements our students have made. Clermont State School has much to celebrate from NAPLAN 2014! Although the data was only released yesterday, we can tell that in a number of areas Clermont SS students are ‘batting well above their average.’ For instance, in 10 of the 15 NAPLAN tests (reading, writing, spelling, grammar and punctuation and numeracy) taken by year three, five and seven students, more than 90% of students achieved above national minimum standards (NMS), quite an achievement. At the other end of the spectrum, we also had a large representation in the ‘upper two bands’ (U2B).

**Year three**
For instance in year three, we had 47% of students achieve U2Bs for reading! That means for reading, if we were to take one of those students to any other school in the country they would probably achieve an ‘A’ or at the very least, a high ‘B’. Numeracy for year three was also strong with over 44% of students achieving U2Bs.

**Year five**
Traditionally at Clermont SS we have seen a drop in achievement from year three to year five. It is a trend across the nation, but one that we feel acutely at Clermont SS. I am proud to say that our year five students have achieved some great results this year and maintained statistically similar data to their previous test results. In year five, more than a third of students achieved U2Bs for reading, a third achieved U2Bs for grammar and punctuation and a quarter achieved U2Bs for spelling. That is a large number of students that would be achieving ‘As’ and ‘Bs’ at any other school in the country.
Year seven
In three of the five testing domains, 90% of students achieved above NMS and in maths, every single child achieved above NMS. A great achievement. 94.7% of students were above NMS in reading, with grammar and punctuation featuring as the strongest testing domain this year with, 15.79% of students in the U2Bs.
Overall, our NAPLAN data is strong but we still have some room for improvement. For instance Clermont SS followed the national trend and struggled with writing. Writing will continue to be a focus going forward into 2015. We’ll also continue to work towards ensuring that every student at Clermont is achieving at NMS. Well done, teachers, teaching staff, parents and above all else, students on this year’s results.

Regional Athletics Carnival – Cass Marks to State Championships
Yesterday, a group of talented young athletes from Clermont SS attended the regional athletics carnival at Mackay. Joe Callanan, Luke Callanan, Cass Marks, Josh Marks, Sophie Ryder, Luke Kinnon, Holly Goodale and Sharon Gela represented Central Highlands at the regional meet where we had two fourths (just missing selection for the state carnival) and a first, that’s right a first! Cass Marks ‘put’ the shot a personal best of 9.13 metres, meaning she will now represent Capricornia at the state championships in October. Well done everyone and good luck Cass.

Goldfest, last weekend
Clermont State School students helped community celebrate the Clermont Gold and Coal Festival by performing on Friday night. Mr (Sir Elton, as he was known to the festival MC!) Sharp primed the school band and choir to deliver stirring performances for all in attendance. Students did a great job with many comments made about their performance, their brand new tour shirts and of course ‘Sir Elton’ Sharp. Well done kids and thanks Mr Sharp for making a big effort over a long period of time to get our students to that standard.
Attendance – top class a massive 97.6%!
1\textsuperscript{st} – 2F – 97.6%
2\textsuperscript{nd} – 6/7M – 94.3%
3\textsuperscript{rd} – Prep R – 94%
4\textsuperscript{th} – 5W – 91.47%
5\textsuperscript{th} – no other class above 90%
Great work to students and staff in those classes. Overall, our attendance took a hit last week, possibly as a result of the cold weather. I fully expect that our attendance is only going to get better as the weather warms up.
Below is a table of how the points will be distributed and also how classes are going so far this term.

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1\textsuperscript{st}</td>
<td>5</td>
</tr>
<tr>
<td>2\textsuperscript{nd}</td>
<td>4</td>
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<td>3\textsuperscript{rd}</td>
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<tr>
<td>4\textsuperscript{th}</td>
<td>2</td>
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<tr>
<td>5\textsuperscript{th}</td>
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</tbody>
</table>

After four weeks, here are the standings for the attendance competition.

<table>
<thead>
<tr>
<th>Position</th>
<th>Table</th>
<th>Overall points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1\textsuperscript{st}</td>
<td>5W</td>
<td>14</td>
</tr>
<tr>
<td>2\textsuperscript{nd}</td>
<td>4/5T</td>
<td>12</td>
</tr>
<tr>
<td>3\textsuperscript{rd}</td>
<td>2F</td>
<td>11</td>
</tr>
<tr>
<td>4\textsuperscript{th}</td>
<td>2/3V</td>
<td>10</td>
</tr>
<tr>
<td>5\textsuperscript{th}</td>
<td>6/7M</td>
<td>7</td>
</tr>
<tr>
<td>6\textsuperscript{th}</td>
<td>3R</td>
<td>6</td>
</tr>
<tr>
<td>7\textsuperscript{th}</td>
<td>Prep R</td>
<td>5</td>
</tr>
<tr>
<td>8\textsuperscript{th}</td>
<td>1P</td>
<td>4</td>
</tr>
<tr>
<td>8\textsuperscript{th}</td>
<td>P/1B</td>
<td>4</td>
</tr>
<tr>
<td>9\textsuperscript{th}</td>
<td>3/4B</td>
<td>3</td>
</tr>
<tr>
<td>10\textsuperscript{th}</td>
<td>6E</td>
<td>1</td>
</tr>
</tbody>
</table>
Don’t forget, the attendance competition has changed this term to be a weekly battle between every class. This way, if a class has an ‘off’ week, say due to illness, they can still earn points the following week and every week right up until the end of term. The class with highest number of points at the end of the term will win a magnificent prize from Mr P. Good luck, boys and girls!

**Bookwork competition winner**
Congratulations Seth McLaughlin on winning the school bookwork competition last week. Seth had some great work to share with me last week and is a worthy recipient of the coveted bookwork award. Well done Seth and good luck everyone on next week’s competition.

**Mr P on leave at the end of term**
I will be away from school on leave from the end of week 7 until the beginning of term 4. 1/9/2014 – 4/10/2014. Mrs Diana Goodwin will relieve in my position while I am away.

Adam Poulus
Yours in education

Arts Council—Wednesday 20th August, yes tomorrow. Call the ladies in the office if you would like to make sure your child’s voluntary contributions are up to date so they can attend.

The theme for this one is: Crazy Science-The Crazy Scientist Strikes Back.
Hello everyone,

This article is on recognising the warning signs of stress, anxiety, and depression, followed up with some tips on managing stress.

**Warning signs**: are signals that a person may be feeling depressed or anxious and it's a good idea to learn how to recognise these signs. Family members and friends may notice changes in the way a person thinks, acts or feels. Some common warning signs include:
- getting up later
- finding it hard to concentrate
- skipping meals and eating unhealthily
- having disturbed sleep
- feeling irritable, stressed and teary
- withdrawing socially or wanting to spend a lot of time alone.

People can learn to identify their own warning signs by reflecting on what symptoms they've experienced in the past.

**Learn new ways to reduce and manage stress:**
Stress is common in daily life, but exposure to prolonged stress can start to affect your mental and physical health. Whatever the cause, here are some simple steps that can help you to reduce and manage stress:

Making major changes in your life can be stressful at any time. If you're feeling stressed or anxious, it's probably a good idea to try to avoid moving house or changing jobs. Leave them to a time when you're feeling better.

Ongoing stress in personal relationships often contributes to depression and anxiety. Learn how to let people know about your feelings so that you can resolve personal conflicts as they come up. Talking to a counsellor or psychologist can help you find ways to address your problems.
Learn to relax. To do this, you need to allocate time to do the things you enjoy, such as exercising, meditating, reading, gardening or listening to music.

Take control of your work by avoiding long hours and additional responsibilities. This can be difficult, but small changes can make a difference. Learn to say 'no'. Create a balance between work and the things you enjoy doing. Don't allow yourself to be overwhelmed by new commitments. Include short-term coping strategies in your day, such as breathing and relaxation exercises. Listen to a guided progressive muscle relaxation exercise.

Be kind to yourself – we are our own worst critic.

Maintain a healthy lifestyle
Eating healthily, exercising regularly, getting enough sleep and avoiding harmful levels of alcohol and other drugs can help a person to manage the symptoms of depression and anxiety.

Be proactive – not reactive.
Adapted from:  http://www.beyondblue.org.au

Kind regards,

Rick Masters

WANTED—BUSINESS TO ADVERTISE ON THE BACK PAGE OF OUR SCHOOL NEWSLETTER
IF YOU ARE INTERESTED PLEASE CONTACT MICHELLE AT AUSTNEWS ON 0406662470 OR info@austnews.com.au
<table>
<thead>
<tr>
<th>Class</th>
<th>Student</th>
<th>ACHIEVEMENT FOR WEEK ENDING 8th August 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>P/1B</td>
<td>Avah L.</td>
<td>For working consistently to write sentences for a character description. Well done!</td>
</tr>
<tr>
<td>PR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1P</td>
<td>Jasper C.</td>
<td>For achieving above and beyond his reading goal. Well done!</td>
</tr>
<tr>
<td>3R</td>
<td>Ty W.</td>
<td>For working hard to include descriptive language in his writing. Keep up the hard work!</td>
</tr>
<tr>
<td></td>
<td>George C.</td>
<td>For great improvement with his reading expression and fluency!</td>
</tr>
<tr>
<td>3/4B</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4/5T</td>
<td>Hayden S.</td>
<td>For reaching your reading goals. Congratulations.</td>
</tr>
<tr>
<td>5W</td>
<td>Adam R.</td>
<td>For being a positive and supportive class member.</td>
</tr>
<tr>
<td></td>
<td>Paige W.</td>
<td>For writing a fantastic comparison using amazing vocabulary.</td>
</tr>
<tr>
<td>6E</td>
<td>Deon C.</td>
<td>For a fantastic effort this week in vocabulary tasks.</td>
</tr>
<tr>
<td>6/7M</td>
<td>Keirin G.</td>
<td>Fantastic contributions in learning and a great attitude towards fellow students.</td>
</tr>
<tr>
<td>LOTE</td>
<td>Kial R.</td>
<td>For his great effort &amp; always displaying a positive attitude.</td>
</tr>
</tbody>
</table>
It's that time again. Clermont's Got Talent 2014 last heats this week. I am helping out with gathering some much deserved prizes for the entrants.

Mr Sharp puts in a lot of extra time to make this awesome competition happen. The kids really enjoy participating and I, among many, love watching their talents.

If you are interested in donating a prize, you can leave them with the ladies in the office or feel free to call me (0428875717) Larissa Mahoney

Thanks for supporting our music department!

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**EISTEDDFOD**

**WHEN:** Thursday 5th of September 2013

**MEET:** 7:30am at Clermont State School

**WHAT TO WEAR:** full school uniform (sports shirt, maroon shorts, shoes, socks and hat)

**WHAT TO BRING:** musical instrument, band music folder, lunch, water

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Clermont State School has signed up for Save the Bilby Day. This will be held on Friday 6th September as a Green Day, Everyone dresses in Green for the day and gives a gold coin donation to save the Bilbies. Today there are crossword/colouring competition letters going home. If you can't do the crossword you can colour in the pictures and still enter. Also there will be some merchandise available, Tattoos and stickers etc. More information will follow so WATCH THIS SPACE !!!!!
PRESS RELEASE: Due to popular demand the Grand Finals will be held on Monday the 25\textsuperscript{th} of August in the School Hall commencing at 9:00am. Don’t miss out on this once in a lifetime event. Winners will be announced the following week.

1\textsuperscript{st} Prize

$100

Proudly sponsored by:

The Leader in Resource Recovery
SCHOOL BANKING

'Did you know that for every $100 deposited through school banking, our school receives $5! We also receive $5 for each new student who signs up for banking through our school.

Students get rewarded too! For every 10 deposits you make, you get to choose a great reward through the school banking rewards program.

So sign up and get depositing so you and our school can be rewarded!!

Kelly Wilkins
Banking Coordinator

Principals Bookwork of the week award goes to Seth McLaughlin (3R)

Well done Seth, take care of the bear.
Hello everyone,

Big thanks to everyone who helped at our Goldfest stall and those who donated baked goods.

Big thanks to tuckshop helpers for both Monday and Friday, Chris E, Elise L, Bec W., Meg B.

We will need helpers for our ‘Fathers Day’ stall coming up.
If you can help fill the vacant spots in the tuckshop please give Nell Otto a call: 0428831750.

Tuckshop Roster

<table>
<thead>
<tr>
<th>Fri</th>
<th>15 Aug</th>
<th><em><strong>Need Volunteer</strong></em></th>
<th>Carolynn Smith</th>
<th>Leah Archibald</th>
<th>Kristy Espig</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>18 Aug</td>
<td>Meg Brills</td>
<td>Elise Lawrence</td>
<td></td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Fri</td>
<td>22 Aug</td>
<td>Cindy Ladmore</td>
<td>Jody Swaffer</td>
<td>Nell Otto</td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Mon</td>
<td>25 Aug</td>
<td>Judy Smith</td>
<td>Brigit Makeham</td>
<td></td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Fri</td>
<td>29 Aug</td>
<td>Carolynn Smith</td>
<td>Claire Mifsud</td>
<td>Jeanie Lockyer</td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Mon</td>
<td>1 Sept</td>
<td>Krissy M</td>
<td>Elise Lawrence</td>
<td></td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Fri</td>
<td>5 Sept</td>
<td>Angela Grech</td>
<td>Annette Hawkins</td>
<td>***Need Volun-</td>
<td>Kristy Espig</td>
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<tr>
<td>Mon</td>
<td>8 Sept</td>
<td>Brigit Makeham</td>
<td>Ruth Brown</td>
<td></td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Fri</td>
<td>12 Sept</td>
<td>Cindy Ladmore</td>
<td>Jody Swaffer</td>
<td>Nell Otto</td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Mon</td>
<td>15 Sept</td>
<td><em><strong>Need Volunteer</strong></em></td>
<td>Meg Brills</td>
<td></td>
<td>Kristy Espig</td>
</tr>
<tr>
<td>Fri</td>
<td>19 Sept</td>
<td>Jeanie Lockyer</td>
<td>Claire Mifsud</td>
<td>Leah Archibald</td>
<td>Kristy Espig</td>
</tr>
</tbody>
</table>
Free Dress Day

The student council is holding a free dress day on Friday 22nd August in support of two worthy causes—breast cancer and prostate cancer.

Students can dress in yellow or pink and make a gold coin donation to support these causes.

Fun Friday Activity

This week one of the choices for fun Friday will be sushi making by our LOTE teacher Mrs Waerea. Parents we would like you to make your child aware of any allergies they might have so they do not chose Sushi making.

We will be using the following ingredients: Cucumber, carrot, creamcheese, sushi paper (seaweed paper), rice, vinegar.
Voluntary Contributions

Parents, a reminder that voluntary contributions need to be paid for terms 1,2 and 3 for your child/children to attend the next Art Council performance due in week 6. We do have a number of parents who are making payment by the term and term three is now due. If you need to find out if you owe for term 3 please phone the office girls and they will let you know.

The C&K kindergarten staff and parents have noticed an increase in the number of people parking in the C&K carpark who are not parents or carers of C&K students. Please remember, the carpark is for the parents of C&K students only. Any increase in traffic volume constitutes a safety risk to kindy parents and their children.

If you are a Clermont SS parent, please respect this space and drop-off and pick-up at the designated areas of the school, this also applies during the school day.

Adam Poulus
Principal
SCHOOL BANKING Day is WEDNESDAY please make sure you have your deposit slips filled out. It makes it so much easier and quicker for the banking person.

UNIFORM SHOP: the uniform shop is now open on Mondays. The best way to order uniforms is to complete your order online using Flexischool. Sizes to suit older students, a new shipment now in stock.

Playgroup

If you have a baby or toddler and would like to get out and meet other mums and bubs come along to playgroup on Wednesday mornings at 9:30 in the school hall. Please bring a ‘nut free’ snack/plate to share.

Call Sheridan for more information 49836039.

REMINDER: ACTIVE AFTER SCHOOL STARTS 21ST JULY
Active After School activities are run on Mondays and Wednesdays.

Monday—Gym       Wednesday –Golf

Please make sure that you are here on time (4:15pm) to collect your child/children.
2015 Pre Prep Program

Attending the program is a great way to prepare children for Prep.

www.candk.asn.au

How do I express my interest in attending the 2015 Pre Prep at C&K Clermont Community Kindergarten? (children aged between 31/2 – 41/2 Born between 1 July 2010- 30th June 2011) It as simple as going online to www.candk.asn.au looking up Clermont and filling out the waiting list form.

After the June holidays please come in and talk to the teacher and fill in a hard copy waiting list form if preferred.

Offers for the 2015 program will begin shortly.

Please contact Chris Ph: 49832027 or email: clermont@candk.asn.au if you need more information

CLERMONT STATE SCHOOL

PREP ENROLMENTS FOR 2015

If you have a child or know of anyone with a child born between 1 July 2009 and 30 June 2010, we are now taking enrolments for 2015. You can come into the office and put their name on our waiting list and we will send you an information pack closer to the 4th term and let you know about our transition days also.
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>What</th>
<th>Time</th>
<th>Where</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 6</td>
<td>Wednesday 20th August</td>
<td>Active After School Golf</td>
<td>3:05</td>
<td></td>
</tr>
<tr>
<td>Week 6</td>
<td>Wednesday 20th August</td>
<td>Artslink Performance ‘Crazy Science’</td>
<td>12:15 &amp; 2:00</td>
<td>Hall</td>
</tr>
<tr>
<td>Week 6</td>
<td>Friday 22nd August</td>
<td>‘Free dress day’ Pink or Yellow in support of Prostate and Breast Cancers.</td>
<td>All day</td>
<td>Clermont State School</td>
</tr>
<tr>
<td>Week 8</td>
<td>1st to 8th September</td>
<td>Book Week ‘Connect to Reading’</td>
<td>All Week</td>
<td>C.S.S.</td>
</tr>
<tr>
<td>Week 8</td>
<td>Friday 5th September</td>
<td>Bilby Day GREEN Day</td>
<td>All day</td>
<td>CSS</td>
</tr>
<tr>
<td>Week 10</td>
<td>Wednesday 17th September</td>
<td>CUP CAKE DAY</td>
<td>11am 1st Lunch</td>
<td>Tuckshop</td>
</tr>
</tbody>
</table>
Do you have a spare bed?

On Wednesday September 3rd, 50 lycra clad male and female push bike riders and 10 support personnel will be coming through town for the night as part of their epic fundraising challenge of riding 1800kms between Brisbane and Townsville. The event is held in honour of Adam Smiddy, a Brisbane Triathlete who died at the age of 26 from an aggressive melanoma.

This is the ninth year of Smiddy. It originally started as three mates who wanted to grieve and honour their friend, Adam, by riding between Brisbane and his home town of Home Hill. Since then it has grown into a large “family” of people and riders who take on various challenges to both raise funds for Cancer research and to also raise awareness of sun safety.

Money raised supports the Mater Foundation research into cancer.

While in Clermont – their fifth day – the riders are billeted with locals who are then all invited to attend a community dinner, which has both a fundraising and a cancer awareness focus. This is generally a great night, and everyone is welcome to attend whether billeting or not.

The peloton (group of bike riders) gets in around 4pm, to the Commercial Hotel where they have refreshments. Bikes are then taken around to the Civic centre and locked away until the morning. If you choose to billet you can meet your person (people) at the commercial or the civic centre, before taking them home for a cool drink and preparation for the dinner. All you need to do is provide a bed (riders don’t mind sharing rooms), breakfast the next morning and a lift back to the civic centre in order to send them off at around 7.30 the next morning (Thursday).

The annual Smiddy community dinner will be held at the Clermont Civic centre with tickets $25 per head. We’d love to see as many people as possible come along to the dinner, or host a few riders, to make the Clermont stop-over the most memorable of the 2014 Smiddy Challenge. Riders really enjoy coming into Clermont, partly for the friendly hospitality and partly because it’s past the half way mark!

If you are interested in billeting a rider (or more), or know of someone who will be able to, please contact Jackie Martin (0409 947 324), or email jandjmartin@bigpond.com. We have around 65 places to fill, so your help is greatly appreciated.
SCHOOL CALENDAR

2014 School Calendar

DECEMBER

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

JANUARY

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

FEBRUARY

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29

MARCH

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28 29
30

APRIL

S M T W T F S
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8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29

MAY

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29

JUNE

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29

JULY

S M T W T F S
1 2 3 4 5 6 7
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15 16 17 18 19 20 21
22 23 24 25 26 27
28

AUGUST

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30

SEPTEMBER

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

OCTOBER

S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30

NOVEMBER

S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30

DECEMBER 2015

S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

There are 184 school days in 2014. Semester 1 2014 commences for teachers on January 23 and for students on January 28.

STAFF PROFESSIONAL DEVELOPMENT DAYS

Staff professional development days (student free days) for teachers are January 23 and 24, and October 20. Schools are able to decide when their three flexible staff professional development days will be held, as long as they are in the school holidays or out-of-school hours.

PUBLIC HOLIDAYS

Public holidays are set by the Industrial Relations Minister. Public holidays for a local area are not shown due to the number of dates across the state.

FLEXIBLE STAFF PROFESSIONAL DEVELOPMENT DAYS

School terms

For more information and the latest version of this calendar, visit www.education.qld.gov.au