Clermont State School

Clermont State School
School Captains - 2014
Principal: Mr Adam Poulus

22nd July Term 3 Week 2
Dear Parents and Caregivers,

**Bookwork winner – Cooper Saal**
This week’s bookwork competition was taken out by Cooper Saal, congratulations Cooper! He has made a huge effort since the beginning of the year to improve his handwriting and bookwork, it has really paid off. Keep up the good work. I wonder who next week’s recipient will be…….

**AASC this week**
Our Active After School Communities program kicked off this week with Ms Bradshaw and Ms Keene working through some gymnastics in the hall yesterday afternoon. Gymnastics will be held every Monday at 3.15 – to 4.15pm until week 8. On Wednesday afternoon ‘golf tragic,’ Mr Forrest will take students along with Ms Priestley to the senior playground to practise golf skills. I’m sure the students will get a lot out of the experience and hopefully Mr Forrest will take a few strokes off his handicap of 36 as a result!

**Attendance – every day counts**
Our attendance over the past 18 months has been great and we have shown great improvement. However, for the first time in the past year and a half our overall attendance rate has dropped below 90%, to 89.9%. It is absolutely imperative that we have every able bodied student at school every day and on time. Statistics suggest that if your child misses a day a month it has an impact on learning. If a child misses a day a week, it has a serious and negative impact on their learning. If a student misses a day a week from prep until year 4, they will have missed an entire school year! This cannot be made up easily, but if you get your child to school on time every day we can make a difference. While ever kids are at school they are learning and achieving. Please help us to help your child, by getting them to school every day.

**Before school reading program – year one this term**
Our year one students are part of our before school reading program which is based in Ms Pott’s class. If you have a child in year one, please make every effort to ensure they are at school by 8.30am so that they can participate in this worthwhile program.
Our data has improved markedly in every year level where we have run the program, so do your child a favour and get them there every day. If you like, you can even stay and help out!

New competition
This term we have started a brand new attendance competition. We have drawn a line in the sand and have started taking attendance results purely on a weekly basis. This means a class may have a bad week, for instance a flu may tear through the class. The following week they have the chance to make amends because the competition will start again. At the end of the term, the class which has won the most weekly competitions will be rewarded. This week our winning class was 2/3V with 93.31%, followed in second place with 5/6W with 92.89% and in third place, 1P with 92.34%. Well done kids (and staff!).

Behaviour
For our target behaviour this week is the same as last week it so vitally important. The expectation is that students follow instructions from staff members immediately. This is a behaviour which the absolute vast majority of students at Clermont SS do really well. We talked about the issue on parade and students said following instructions was really important because:

• It kept us safe. If we are part of something that was unsafe and a staff member asks us to stop, we should do so immediately to prevent injury or having something damaged.
• Following instructions helps us to learn and;

To make and keep friends
Let’s keep focused on following instructions straight away this week. Good luck.
SHS....... More details to be come.
Trivia Night, August 8th

Attention all geniuses! Clermont P&C has come up with a great means of fund-raising as well as testing your considerable powers of deduction. The trivia night will be held on August 8th and will finally give staff at Clermont SS bragging rights over everyone else! Or so we may think...... should be Strong opposition is expected from St Josephs, Clermont Coal and even Clermont Junior Rugby League. The dark horse may well prove to be Clermont SHS....... More details to be come.

Adam Poulus
Principal
Yours in Education
Hello Parents and Caregivers

This week’s article focuses on how parents can help create a well-adjusted child.

I chatted to a psychiatrist lately and this was his advice on parenting: Don’t strive to be the perfect parent. It is far better to be an ‘ok parent’ and let your kids make mistakes and do things for themselves. It’s very important that we give kids the opportunity to self-regulate unpleasant emotions such as disappointment and loss from a very young age (from birth). How else will they learn to handle these emotions later in life? If a baby drops a toy and cannot reach it, then he starts to cry, that’s ok, he’s not in danger, and without help he may even learn to crawl. Remember to be tender towards your child, spend quality time with them, remain emotionally available and sensitive, but don’t strive to solve your child’s problems or give into their emotions, or provide them with everything they want and desire in life, because life will end up being very disappointing, and they may never fully develop financial or emotional independence as a result. This has interesting implications in a world that has become increasingly connected through social media. It has become very easy to over-parent and monitor every movement that our kids make.

Practical things that parents can do:
Build Responsibility
Children learn responsibility by being part of making decisions rather than just following what parents say. Even young children can be involved in making simple decisions.
This doesn't mean letting children do what they want without making sure they stay safe. It means guiding them toward good choices by:
• Helping them learn how to problem-solve and think about consequences. This builds confidence and skills so they can make bigger decisions as they mature. It is ok to give them two or three well thought-out choices and let them decide
• Letting them learn by doing. They may not always choose what you like but as long as the choice is safe for them and for others, they will learn to trust themselves and to know that you trust them to make good choices
• Encouraging them when they make mistakes. Mistakes teach children how to deal with frustration and disappointment. Encourage them to have another go. If we don’t allow opportunities for mistakes and failure from birth, kids don’t learn how to self-regulate natural emotions such as anger, frustration, disappointment, loss etc.
Be clear about rules and limits
Work out your family rules early to avoid problems. Rules need to be adapted as children get older and become more independent.

It helps if you:
- Have a few simple rules that are easy to follow
- Both know what you mean, e.g. 'Be kind to your brother' may not mean anything to a young child. You might say 'Be kind to your brother and share your toys with him'
- Choose your moments well, e.g. when your child is watching TV, playing playstation, or having strong feelings, it is not the best time to establish or enforce rules and limits
- Know what your child is able to do, e.g. if the task is too hard your child may fail, rules and limits should be tailored to the child's ability
- Turn a 'no-choice' into a choice, e.g. 'We are leaving in five minutes. Do you want to hop in the car now or in five minutes?'

Don't give mixed messages. Laughing at what your child is doing while saying 'No' will be confusing.

Have consequences
Consequences for unacceptable behaviour can help children learn. Involving them in deciding about consequences will increase their cooperation. Consequences need to suit your child's level of understanding, they are understood by everyone in the house, applied consistently, and make sure they:

- Are safe for your child
- Happen as soon as possible after the misbehaviour
- Fit the behaviour and help your child know how to do it better.

Natural consequences
Children learn to take responsibility when they can see for themselves the outcome of their actions. For example, your child might not put their toys away when you ask. When they can't find their favourite toy, they learn the natural consequence of not putting things back in their place – you can lose them. This way the parent doesn't have to do the teaching, the natural outcome of the child's actions is the teacher.
Related or logical consequences
A parent might give a consequence that flows on logically from a child's actions. For example, your child is running around the yard and you ask them to calm down so they don't damage the plants. When they knock over a potted plant, you could get them to clean up the mess. You might also get them to help you put the plant into a new pot.

When a consequence is related to the behaviour, it helps children see the connection between their actions and how they can make up for mistakes.

Losing a privilege
Some parents take away something important to their child to teach them a lesson. Losing a privilege can be less effective because it is not related to the behaviour. The child may comply because they don't want to lose a privilege, but it doesn't help them learn what to do. They may resist if they feel the consequence isn't fair. It may also lead to the child being sneaky to avoid losing something they want. It can work if the child comes up with this as a consequence in your discussions about rules, limits and consequences, rather than impulsively imposed by an adult.

Adapted from www.cyh.com

Kind regards,

Rick Masters
Guidance Officer
## STUDENT OF THE WEEK

### 22nd July 2014

#### Term 3 Week 2

<table>
<thead>
<tr>
<th>CLASS</th>
<th>STUDENT</th>
<th>ACHIEVEMENT FOR WEEK ENDING 18th July 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>P/1B</td>
<td>Rohan G.</td>
<td>For joining in class discussions-sharing his ideas. Great job!</td>
</tr>
<tr>
<td>PR</td>
<td>Travis M.</td>
<td>For giving his best effort in Science when observing the weather.</td>
</tr>
<tr>
<td>1P</td>
<td>Duncan S.</td>
<td>For putting in more effort with his neatness. Good work!</td>
</tr>
<tr>
<td>2F</td>
<td>Nari S.</td>
<td>For always being a responsible and polite student and giving 100% to all set tasks. Well done!</td>
</tr>
<tr>
<td></td>
<td>Bryson C.</td>
<td>For outstanding effort and positive attitude towards all tasks. Great start to the term Bryson!</td>
</tr>
<tr>
<td>2/3V</td>
<td>Stacey A.</td>
<td>For placing an outstanding level of effort into all class activities.</td>
</tr>
<tr>
<td>3R</td>
<td>Emily S.</td>
<td>For always being a responsible and polite student who follows instructions impeccably!</td>
</tr>
<tr>
<td>3/4B</td>
<td>Jacob H.</td>
<td>For making the right choices in the classroom and on the playground.</td>
</tr>
<tr>
<td>4/5T</td>
<td>Savannah L.</td>
<td>Outstanding effort and positive attitude towards all tasks!</td>
</tr>
<tr>
<td></td>
<td>Aiden P.</td>
<td>Always actively participating in activities with 110% effort.</td>
</tr>
<tr>
<td>6E</td>
<td>Ainsley W.</td>
<td>Fantastic effort in maths this week. Great work!</td>
</tr>
<tr>
<td>6/7B</td>
<td>Jack R.</td>
<td>For doing so well in you NAPLAN written task and an improved effort in class.</td>
</tr>
</tbody>
</table>
# Student of the Week

**22nd July 2014**  
**Term 3 Week 2**

<table>
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<th>CLASS</th>
<th>STUDENT</th>
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</tr>
</thead>
<tbody>
<tr>
<td>MUSIC</td>
<td>Rachal R.</td>
<td>Excellent work on her clarinet.</td>
</tr>
<tr>
<td>HPE</td>
<td>(JNR) Richard G.  (SNR) Beryl M.</td>
<td>Great effort! Great effort!</td>
</tr>
</tbody>
</table>

## Principal’s Award

**for**

**Bookwork of the Week**

Cooper Saal is the proud ‘carer’ of the bookwork bear this week.
HEAD OF CURRICULUM REVIEW

Curriculum Planning Meetings
Last week I met with teachers to discuss term 3 curriculum and classroom planning. Our teachers work very hard to plan interesting and engaging lessons and assessment pieces that meet the Australian Curriculum standards as well as meet individual student needs. A big focus for our teachers during planning sessions this year has been on the adjustments made for groups of students and individual students during lessons. We have been thinking more explicitly about ways we can adjust tasks to assist our learning support students, while also ensuring we provide opportunities to extend students where necessary. All of our teachers have done a fantastic job with their planning this term, particularly with the way they are supporting the needs of various students in their class.

Writing Improvement
Our whole school will be focusing on improving their punctuation during writing sessions over the next few weeks. In the lower school, we will be looking for students to consistently use capital letters and full stops in their sentences. In the upper school, we will be looking for students to correctly use question marks and exclamation marks within their writing.

Classroom Visits
I visited 5W last week as they were learning about 24hour time. Students were making some great connections between morning and night and how to read 24hour time. In 5W, they use a traffic light system to gain feedback from students about their understanding of the concept. This is a great non-intrusive way to see if students are ready to move on, or if they require a little extra assistance. During this particular lesson, some students had their traffic light to orange – this let the teacher know that she needed to continue supporting the students throughout the lesson before moving them on to independent work. It was wonderful to see by the end of the lesson most students had turned their traffic light to green to indicate they understood the concept – great work 5W!

I also worked in the Prep R room while they were completing handwriting. I was very impressed with the way students were holding their pencils and taking their time to do their
HEAD OF CURRICULUM REVIEW

best work and write neatly in the lines. After handwriting, we moved on to Science where students had to write a sentence about the weather. It was fantastic to see students having a go at writing their own sentence and sounding out the words. Great job Prep R!

Danielle Freiberg
Head of Curriculum

FUN AT SCHOOL

Kohan and Mrs Keene making learning fun.
GOLDFEST

The Senior Choir and Senior Concert Band have been invited to perform at Goldfest this year on **Friday 15th August** starting at 7.00pm at Centenary Park (the part where the lagoon is).

DETAILS

Your child will be required to meet Mr. Sharp beside the stage a 6:30pm on the night. Students can wear their music shirt and jeans for this performance. Students will also need to bring their instrument and music.

Look forward to seeing you at Goldfest this year.

Bill Sharp
Music Teacher
HOST FAMILIES NEEDED IN JANUARY 2015
EXPERIENCE ANOTHER CULTURE, MAKE NEW FRIENDS
IMPROVE YOUR LANGUAGE STUDIES AT HOME

In January 2015 we will be receiving exchange students from Europe (Germany, Italy, Denmark, Finland and France), South America (Argentina) and Japan. Our new arrivals will live with a host family and attend a local school for 2 or 10 months. As we plan for their arrival, we are keen to hear from suitable families who might be interested to host a student.

Host families come in all shapes and sizes, backgrounds and ages. To this end, we would again be grateful if you would place a notice in your newsletter/bulletin or mention it on your website. You can download the newsletter notice here in Word format or as a PDF.

All students have at least basic levels of English, would attend a school in your local area and live the life of a local. Our group of students cover a wide variety of interests and hobbies. If you would like to provide your students, parents or language teachers with further information on our inbound students you can also view some student profiles on our website. Our staff members will be happy to discuss which student might be best suited to a family.

Hosting an exchange student can be a truly rewarding experience. It allows a family to experience a foreign culture first hand, be exposed to a new language and pass on a bit of our own culture. They might even make a friend for life!

“It’s been a fantastic experience so far...It’s been great having an older brother for our young kids. Simon has been a fantastic role model...Simon helps around the house a lot. One of the first things he said to us during the first couple of days he was here was what should my chores be? I was delighted to hear him say that.” Victoria, Host Mum

“Hosting Kirstine has brought our family closer together. We’re doing things we used to do when our kids were little, like boiling the billy, having a BBQ and baking apples up the paddock. She’s helped us remember how to have fun when we’re working and take time out for adventures.” Sharon, Host Mum

“Being the youngest and the only one left at home I was looking forward to having another teenager in the house. While Charlotte helps me with my French I help her with her English lessons and I have taught her many Aussie words and sayings. We both love to shop and shop and shop...” Grace, Host Sister

Student Exchange Australia New Zealand is a not-for-profit secondary exchange organisation which is registered with education & regulatory authorities in each State and Territory. You can find out more about our organisation by visiting www.studentexchange.org.au.

If you have any questions about hosting an exchange student or would like to view profiles of students arriving from other countries, you can either respond to this email or call our office on 1300 135 331. No obligation.

Thank you in advance for your assistance.
Thanks again to the wonderful volunteers that take their time to do tuckshop for our children each week.

Please find following the term 3 Roster. If you are able to be on call for tuckshop in-case someone is unavailable to do their shift please text Janelle on 0428831750.

Thanks!

Tuckshop Term 3 2014

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Month</th>
<th>Helper</th>
<th>Helper</th>
<th>Helper</th>
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<td>14</td>
<td>July</td>
<td>Krissy M</td>
<td>Ruth Brown</td>
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<td>Kristy Espig</td>
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<td>Fri</td>
<td>18</td>
<td>July</td>
<td>Cindy Ladmore</td>
<td>Jody Swaffer</td>
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<td>Kristy Espig</td>
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<tr>
<td>Mon</td>
<td>21</td>
<td>July</td>
<td>Angela Grech</td>
<td>Meg Brills</td>
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<td>Kristy Espig</td>
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<td>Fri</td>
<td>25</td>
<td>July</td>
<td>Judy Smith</td>
<td>Leah Archibald</td>
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<td>Aug</td>
<td>Bernie Sellwood</td>
<td>Carolynn Smith</td>
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<tr>
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</tbody>
</table>
Loom bands are still on back order!
Teacher ‘Gotcha Award’ goes to Miss Evans

- Making maths fun by holding lessons in the garden and making maths real
- Being good at handball and not arguing when she is out
- Making our school grounds a nicer place to be by adding a new garden
SCHOOL HATS
WE HAVE MANY STUDENTS WHO ARE NOT BRINGING THEIR HATS TO SCHOOL.
PLEASE PARENTS MAKE SURE YOUR CHILD BRINGS THEIR HAT TO SCHOOL.

KINDY

The C&K kindergarten staff and parents have noticed an increase in the number of people parking in the C&K carpark who are not parents or carers of C&K students. Please remember, the carpark is for the parents of C&K students only. Any increase in traffic volume constitutes a safety risk to kindy parents and their children.

If you are a Clermont SS parent, please respect this space and drop-off and pick-up at the designated areas of the school, this also applies during the school day.

Adam Poulus
Principal
SCHOOL BANKING Day is WEDNESDAY please make sure you have your de-
posit slips filled out. It makes it so much easier and quicker for the banking
person.

UNIFORM SHOP: the uniform shop is now open fortnightly on
Wednesdays. The best way to order uniforms is to complete your or-
der online using Flexischool. Sizes to suit older students, a new ship-
ment now in stock.

Playgroup
If you have a baby or toddler and would like to get
out and meet other mums and bubs come along to
playgroup on Wednesday mornings at 9:30 in the
school hall. Please bring a ‘nut free’ snack/plate to
share.

REMINDER: ACTIVE AFTER SCHOOL STARTS 21ST JULY
Active After School activities are run on Mondays and Wednesdays.

 Monday—Gym    Wednesday –Golf

Please make sure that you are here on time (4:15pm) to collect you
child/children.
2015 Pre Prep Program

Attending the program is a great way to prepare children for Prep.

www.candk.asn.au

How do I express my interest in attending the 2015 Pre Prep at C&K Clermont Community Kindergarten? (children aged between 31/2 – 41/2 Born between 1 July 2010- 30th June 2011) It as simple as going online to www.candk.asn.au looking up Clermont and filling out the waiting list form.

After the June holidays please come in and talk to the teacher and fill in a hard copy waiting list form if preferred.

Offers for the 2015 program will begin shortly.

Please contact Chris Ph: 49832027 or email: clermont@candk.asn.au if you need more information

CLERMONT STATE SCHOOL

PREP ENROLMENTS FOR 2015

If you have a child or know of anyone with a child born between 1 July 2009 and 30 June 2010, we are now taking enrolments for 2015. You can come into the office and put their name on our waiting list and we will send you an information pack closer to the 4th term and let you know about our transition days also.
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>What</th>
<th>Time</th>
<th>Where</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 2</td>
<td>Monday 21st July</td>
<td>Gymnastics</td>
<td>3:15</td>
<td></td>
</tr>
<tr>
<td>Week 2</td>
<td>Wednesday 23rd July</td>
<td>P&amp;C Meeting</td>
<td>3:15</td>
<td>Library</td>
</tr>
<tr>
<td>Week 5</td>
<td>Wednesday 23rd July</td>
<td>Golf</td>
<td>3:05</td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td>Friday 8th August</td>
<td>Quiz Night</td>
<td>7:00pm</td>
<td>Civic Centre Clermont</td>
</tr>
<tr>
<td>Week 5</td>
<td>Disco</td>
<td>TBA</td>
<td>TBA</td>
<td>Hall</td>
</tr>
<tr>
<td>Week 5</td>
<td>Saturday 15th August</td>
<td>Choir and Band Perform at Goldfest</td>
<td>7pm</td>
<td>Hoods Lagoon</td>
</tr>
<tr>
<td>Week 6</td>
<td>Wednesday 20th August</td>
<td>Artslink Performance ‘Crazy Science’</td>
<td>12:15 &amp; 2:00</td>
<td>Hall</td>
</tr>
</tbody>
</table>
Saturday 26th July

DANCE

the night away!

★ Live Band    ★ Camp Oven Dinner
★ Silent Auction   ★ Bar

Where: Kilcummin State School
Time: From 5pm

All are welcome!